

An  
Almanack  
and  
Parish Register  
for  
CHESHAM BOIS.

Presented by the Rev. J. Matthews,  
with kind wishes  
for 1887.

**W. WATERS,**  
**Publisher and Bookseller,**

THE BIBLE AND TRACT DEPOT,  
CAMBRIDGE ARCADE, SOUTHPORT.

W. W. would respectfully draw attention to his  
choice selection of Gospel Books, Tracts, Leaflets,  
etc., selected from the publications of

MESSRS. S. W. PARTRIDGE & CO.,  
THE STIRLING PUBLICATIONS,  
THE RELIGIOUS TRACT SOCIETY,  
MESSRS. MORGAN & SCOTT,  
&c., &c.,

Samples of which will be sent gratis and post  
free to any address.

❧ **Bibles.** ❧

Nearly 1,000 Bibles always in Stock to select  
from, ranging in price from 6d. to 42/-.

SCHOOL BIBLES,

THE OXFORD TEACHER'S BIBLE,

THE QUEEN'S PRINTERS' TEACHER'S BIBLE,

BAGSTER'S POLYGLOTT BIBLES,

&c., &c.

The Mildmay Illuminations, for Christmas and New Year.  
See separate list on application, sent post free.

*To the Parishioners of Chesham Bois.*

DEAR FRIENDS,

One day, while reading my Bible, the last words in St. John's  
first Epistle struck me as likely to prove a useful motto for the en-  
suing year, —

“ Little children, keep yourselves from idols.”

Who is there that is not in danger of setting up idols in his  
heart, so that they become his stumbling-block? There are many  
persons and things we are all apt to love more than our precious  
Saviour; and how often do we need to use the prayer—

“ The dearest idol I have known,  
Whate'er that idol be,  
Help me to tear it from Thy throne,  
And worship only Thee.”

We should be “ all for Jesus,” body, soul, and spirit,—not only  
*wishing* to please Him in all things, but “ walking worthy of Him  
unto all pleasing, being fruitful in every good work, and increasing  
in the knowledge of God.” Col. i. 10. Each one should resolve—

“ Be all my heart and all my days  
Devoted to my Saviour's praise,  
And let my glad obedience prove  
How much I owe, how much I love.”

The only way to give an undivided heart to God is to resolve  
daily, in dependence on His Holy Spirit's help, that nothing shall  
come between you and Him, and jealously to guard your heart,  
that no earthly treasure or interest whatever shall usurp the throne  
of Christ in your affections. I have found the following verse im-  
mensely helpful to myself for many years:—

“ Keep me from the world unspotted,  
From all earthly passions free,  
Wholly to Thyself devoted,  
Fix'd to live and die for Thee.”

No child of God can be truly happy who does not make this  
entire and complete surrender of himself to his God and Saviour.

It is my earnest prayer for myself, and for all into whose  
hands this Almanack may come, that during this New Year there  
may be a more thorough consecration of ourselves, with all we have

and all we are, to our dear Master's love and service. And to all who thus dedicate themselves unreservedly to the Lord I not only *wish* but can *promise* a truly Happy New Year.

Yours faithfully,

J. MATTHEWS.

*Baptisms, Marriages, and Burials which have taken place at Chesham Bois Church from December 1st, 1885, to November 30th, 1886.*

**Baptisms.**

William Collins Garret Matthews.

Alice Birch.

**Marriages.**

None.

**Burials.**

Mary Elizabeth Gee, aged 35 years.

George Clarence Pontin, aged 5 years.

Charles Albert Turvey, aged 4 years.

James Joiner, aged 73 years.

Nellie Louise Turvey, aged 8 months.

Mary Papworth, aged 84 years.

Catherine Ware, aged 91 years.

**The Services of the Church**

Are at half-past ten throughout the year on Sunday mornings; at half-past six in the evening during Summer; and at three in the afternoon during Winter.

There will be Afternoon Service, with Sermon, at three in the Church, and in the Mission Room at 6.30, on

Good Friday, April 8th.

Christmas Day falls on Sunday this year.

The Churchwardens for the year ending Easter, 1887, are Mr. James Bennett and Mr. William Ford, to whom applications for sittings must be made. All seats in the Church are free.

Mr. John Birch is the Clerk.

**The Lord's Supper**

Will be administered on the First Sunday of each month, and also on

EASTER-DAY, April 10th.

WHIT-SUNDAY, May 29th, and

CHRISTMAS-DAY, December 25th.

On Sundays, April 3rd, June 5th, August 7th, and October 2nd, there will be Holy Communion in the evening instead of in the morning.

The Offertories at the Lord's Supper from the end of November, 1885, to the end of November, 1886, amounted to

£5 7s. 8½d.

Two-thirds of the Offertories collected in December, 1885, and January, February and March, 1886, were used in relieving the sick and needy, and the remainder was added to the Fund for Church Expenses. But after March the whole of the Offertories collected at the Holy Communion were appropriated to the sick and needy.

**A Confirmation**

Was held by the Bishop of the Diocese at Latimer Church on Wednesday, March 17th, at which four Candidates (the average number) from Chesham Bois were confirmed, all of whom have since become communicants.

**Baptism**

Is administered after the Second Lesson on any Sunday evening in Summer, or afternoon in Winter, except on Sundays when there is Holy Communion. If either of these times should be inconvenient to parents, arrangements could be made for administering the rite on an afternoon of Sunday during the Summer months. It is requested that notice of Baptism be given a day or two before hand.

### The Service for the Churching of Women

Can be arranged for any Sunday after Morning or Evening service.

There is no fixed Fee for this Service; but a Thank-offering should be made according to the means of the giver; and this can be given while the offertory is being collected.

### The Choir

Consists of the following, who have willingly given their help in the Service of Song during the past year:—

Miss Matthews, *Harmonist*.

#### MEN.

James Ellement } *Tenors.*  
Alfred Wilkinson }

Richard Wilkinson, *Alto*.

John Groves } *Bass.*  
William Aris }

#### BOYS.

William Aris,  
Thomas Hill,  
William Gibbs,  
Arthur Aris,  
Edward Wilkinson.

#### THE RINGERS ARE

William Aris,  
Alfred Wilkinson,  
Frank Morten, and  
Thomas Dean,

Who have kindly given their services during the past year.

### The Coal Club

Will re-open as usual in the beginning of March, and close the last week in October. Sums of any amount may be deposited, and a Bonus of Threepence to meet every clear shilling will be added, up to half-a-crown. The same friends will receive deposits, who kindly undertook to do so last year.

### The Penny Bank

Is conducted as usual, and deserves to be more resorted to as a means of encouraging thrift.

### The Mission Room

Has been opened for Service on Sunday evenings at half-past six during the winter. The week-day service is held on Thursday evening at the same time

### The School

Was built by subscription in 1846, and enlarged in 1871. It is the property of Trustees, who are the Duke of Bedford, the Rector of Chenies, and the Rector and Churchwardens of Chesham Bois for the time being. It was placed under Government Inspection in 1871.

The School managers are the Rector, E. Weller, Esq. and Mr. James Bennett.

Mrs. Johnston is Teacher and Edith Saunders is Pupil Teacher of the Mixed School.

Mary Puddephatt is teacher of the Infant Department.

#### LIST OF SUBSCRIBERS.

Mr. G. Bates  
Mr. Bennett  
Miss Blackman  
Miss Carver  
Miss C. T. Carver  
Mrs. Folkard  
Mrs. G. H. Fryer  
Mrs. Fuller  
J. S. Fuller, Esq  
Mrs. Gay  
Miss Gay

Mrs. Haden  
Rev. G. Holloway  
Mrs. J. Matthews  
Miss Matthews  
Mrs. Pegg  
J. W. G. Pegg, Esq  
Mr. G. Rose  
Mrs. Weller  
G. Weller, Esq  
The Rector

The School has sustained heavy losses in the removal by death of several of its warmest friends and supporters during the past year, namely, the Rev. Lord and Lady Wriothsley Russell, of Chenies, and Mrs. Ware. Mrs. Ware, for many years, the "Mother of the Parish," being its oldest female inhabitant, was a subscriber to the School till she retired from the farm which she occupied for a long period. Though of late kept in seclusion by age and infirmity, she never ceased to take a lively interest in everything that concerned the welfare of the parish, and was never more pleased than to hear a good report of the Church, the Sunday and Day Schools, or of any happy event taking place in Chesham Bois.

The School was examined by Her Majesty's Inspector on Monday, February 8th, 1886, after which a Grant of £56 17s. 9d. was received, together with the following gratifying Report:—"Mixed School." "The improvement here is most satisfactory. The order is very good, and the results of the Examination are also decidedly good. The singing by note was very successfully done. The new Cloak-room is a valuable addition." "Infants' Class." "The Infants' Class this year is a good one."

#### Day School Accounts.

Summary of Receipts and Expenditure from February 1st, 1885,  
to January 31st, 1886.

RECEIPTS.	£	s.	d.	PAYMENTS.	£	s.	d.
Government Grant .....	51	16	1	Balance overdrawn.....	14	1	6
Part Rent of Water Cress				Teachers.....	82	2	6
Beds.....	23	0	0	Books, Apparatus, and			
School Land Allotments....	1	7	6	Stationery.....	15	15	10
Voluntary Contributions....	23	8	0	Fuel and Cleaning.....	6	7	9½
Ditto from Three Old				Furniture, Repairs to Build-			
Scholars.....	0	13	0	ings and Insurance.....	7	11	11
School Pence.....	32	13	3	Prizes to School Children..	12	3	3½
Sale of Needle-work and				Schoolmistress' Fuel and			
Materials.....	3	2	3	Garden.....	8	0	1
Use of School on Election				Sundries .....	2	0	0
Polling Day.....	0	2	4				
Balance due to Treasurer...	12	0	6				
	£148	2	11		£148	2	11

#### Names of Scholars

Who were not absent once during the School Year from February 1st, 1885,  
to January 31st, 1886, each making 420 attendances.

John Batson,

Harry Batson,  
Edward Cox,  
Jacob Page,  
John Grimsdell,  
Francis Cox,  
Emma Reynolds,  
Elizabeth Bunce,  
Mary Batson,  
Sarah Batson.

The following were absent only once:—

Harry Jones,  
Mary Page.

Besides the above, thirteen Scholars made 400 attendances and upwards each.

#### Rules of the School.

- I.—Each child to pay Two pence a week.
- II.—Every child that is presented to the Inspector and passes in three subjects, namely, Reading, Writing, and Arithmetic, *will receive a penny for every 10 attendances during the School year.* If the child passes in only two subjects, *a half-penny for every ten attendances.* If in only one subject nothing will be given, because Government makes no Grant to the School in such cases.
- III.—A *new shilling* will be given to every child who makes four hundred (400) attendances. *Besides this, a new sixpence* will be given to each child who is not absent once, and a *new three penny piece* to each child who is absent only once during the School year.
- IV.—*Book Prizes* will be given to Scholars who pass in Reading, Writing and Arithmetic, in value from six-pence in the First Standard up to Three Shillings in the Sixth Standard. They will also receive *ornamental certificates.*
- V.—No prize-money will be given to any child from whom School money is owing, till it is paid up.
- VI.—Some reduction of prize-money will be made for late attendances.

#### The Chesham Bois Church and Parish Ready Help Fund.

The payment for the Church Clock having been completed towards the end of April, and the accounts of the Restoration of the Church happily closed, notice was given from the Pulpit on Sunday, the 4th of April, that in order to encourage the excellent habit of systematic giving, a collection would in future be made during each service, the object being given notice of beforehand, and the amounts posted in the Church porch, and periodically submitted to an auditor, and then published in the Parish Almanack. The

objects named were the Sick and Needy, Church Expenses, the Mission Room, the Sunday and Day Schools, and several evangelical Societies. The offertories have evidenced in a remarkable degree the readiness of the worshippers to fall in with the proposal, and, what is equally satisfactory, the offertories for the Sick and Needy have rather increased than diminished. The following is a statement of the offertories and other moneys received and paid from April 4th, to November 30th, to which is appended a copy of the Auditor's certificate.

Received for	£	s.	d.	Paid.	£	s.	d.	Balance in hand.	£	s.	d.
The Mission Room .....	6	10	0	6	10	0	0	0	0	0	0
„ Sick and Needy .....	3	18	6½	3	6	3	0	12	3½	0	0
„ Church Expenses .....	13	15	9	13	15	9	0	0	0	0	0
„ Day School .....	6	16	10½	6	16	10½	0	0	0	0	0
„ Sunday School .....	2	10	4½	2	10	4½	0	0	0	0	0
„ Bible Society .....	1	5	7½	1	5	7½	0	0	0	0	0
„ London Jews' Society .....	0	17	8½	0	17	8½	0	0	0	0	0
„ Church Missionary „ ..	3	14	1½	3	14	0	0	0	1½	0	0
„ Church Pastoral Aid „ ..	3	12	0½	2	19	10	0	12	2½	0	0
„ Colonial and Continental Church Society .....	1	2	8	1	2	8	0	0	0	0	0
„ Irish Church Missions ..	1	11	0	1	11	0	0	0	0	0	0
„ Royal Agricultural Benevolent Society .....	0	13	4½	0	13	4½	0	0	0	0	0
„ Incorporated Church Building Society .....	0	5	6	0	5	6	0	0	0	0	0
„ Diocesan ditto .....	0	4	6	0	4	6	0	0	0	0	0
	£46	18	0½	£45	13	5½	£1	4	7		
					1	4	7				
				£46	18	0½					

“I have examined the foregoing accounts of receipts and payments, and compared them with the vouchers and find the same correct.”

“Dated 16th December, 1886.

(Signed) Wm. Ford.”

These accounts do not include moneys collected by Miss Carver for the Army Scripture Readers' Society, nor by Miss C. T. Carver for the Bible Society, nor by the Churchwardens for Church Expenses besides the Offertories, but only such as pass through the Rector's hands.

I should like it to be understood by our friends,—especially any that may be inclined to help a little parish that has very circumscribed means, that the Ready Help Fund is open to receive additions from all quarters, and that if any should be disposed to give us a Queen's Jubilee Parish Room on the Moor, it would be most acceptable to the population of two hundred souls which has sprung up there within the last thirty or forty years.

J. M.

## HINTS ON THE CARE OF HEALTH.

1. **DIET.**—This should be plain and wholesome, and of a mixed character. It should also be moderate as to quantity, and regular, allowing neither too long nor too short intervals between meals.

2. **EXERCISE.**—Daily exercise is necessary to the enjoyment of good health, and, if possible, should be taken where the air is good, and free from smoke and other impurities. The best forms of exercise are walking, riding, rowing, &c. When outdoor exercise is impracticable, the dumb-bells may be advantageously substituted.

3. **PURE AIR.**—The thorough ventilation of the house or rooms we live in is another essential to health, and must on no account be neglected. Nothing is so conducive to sickness as hot and stuffy rooms; and this remark is especially applicable to the bedroom, which should be of sufficient size, permitting a free current of pure air to pass through it during the hours when it is not occupied. And here it may not be out of place to observe that it is not sufficient to open doors leading into the passages of staircases, which may contain all the bad air of the house; neither does it do to open windows looking into confined and impure spaces. Ventilation, to be of any service, must permit of the exit of the bad air in such a way that it cannot re-enter, and of the admission of the pure air from the best source without.

4. **CLOTHING.**—This should be comfortable only, too much wrapping up being quite as prejudicial to health as too little. It should be adapted to the season of the year, and should always, in this country, include thick underclothing for the winter and light for the summer; the feet, also, should be well protected by warm stockings and strong boots. The custom of placing thick layers of flannel on the chest in the form of a chest protector is very much to be deprecated, except in the case of very delicate people.

5. **THE BATH.**—This is a valuable adjunct to health, and should be taken cold during the summer months, and with the chill taken off the remainder of the year. A warm soap and water bath should be taken, at bedtime, once a week or once a fortnight; or the Turkish bath may be enjoyed by those who can indulge in the luxury, care being taken not to drive, but to walk briskly home afterwards, if the distance is not too great.

6. **A CALM TEMPERAMENT.**—Those who are so constituted, or who have sufficient command over themselves as to preserve this condition, have a most valuable adjunct to health, as there is, perhaps, nothing so prejudicial in this age of overwork, both of brain and body, as the worries and anxieties of everyday life. *Ceteris paribus*, the easy-going, even-tempered man, must digest his food better, and is less affected by the daily wear and tear of life than the passionate, impetuous, and impatient man, and will live longer.

7. **REST AND AMUSEMENT.**—These are essential to health; hence the proverbs—“You cannot burn the candle at both ends,” and “All work and no play make Jack a dull boy.” The want of rest may endanger life. Jack's dulness will end in sickness.